Basil

Ocimum basilicum L

Code: TREE-00310 **Category:** Plants **Local / Vernacular name:** Eng: Basil ,Kan: □□□□□□□□□□

Botanical Details

- **Medicinal Uses:**
  - In Europe, sweet basil is used as a potherb for seasoning of foods similar to thyme and sage.
  - It is used as a diaphoretic, carminative and stimulant; given in intestinal fluxes, gonorrhoea, catarrh, and to relieve pains after parturition, during cold stage of intermittent fever and to alleviate vomiting.
  - Juice of the leaves is dropped into the ear to relieve earache.
  - Seeds are mucilaginous, demulcent, aphrodisiac, and diuretic.
  - Seeds are soaked in water to form a mucilaginous jelly that with added sugar serves as an excellent drink in catarrh, chronic diarrhoea, dysentery, gonorrhoea, nephritis, cystitis and internal piles.
  - In Unani medicine, seeds are considered de-obstruent, carminative, and stimulant, and are valued much when taken whole due to their mucilaginous properties; when crushed they are said to be astringent.

Location

GPS: 12.87231800, 74.84500400

Directions: https://www.google.com/maps/dir/?api=1&travelmode=walking&destination=12.872318%2C74.845004