

Holy Basil

Ocimum tenuiflorum L

Code: TREE-00311 **Category:** Plants **Local / Vernacular name:** Eng: Holy basil , Kan & Tulu: ಫಿಲಿಫಿಲಿ

Botanical Details

• Medicinal Uses:

- All parts are used for the treatment of bronchitis, bronchial asthma, malaria, diarrhoea, dysentery, skin diseases, arthritis, eye diseases, chronic fever and insect bites.
- It is also reported to possess antifertility, anticancer, antidiabetic, antifungal, antimicrobial, cardioprotective, analgesic, antispasmodic and adaptogenic activities.
- In traditional medicine it is used to treat patients suffering from skin diseases, such as ringworm, itches, leprosy, impurity of blood.
- Juice of the leaves is dropped in the ear for earache.
- The seeds are mucilaginous and demulcent and are used as a remedy in genitourinary disorders.

Location

GPS: 12.87252200, 74.84571400

Directions: <https://www.google.com/maps/dir/?api=1&travelmode=walking&destination=12.872522%2C74.845714>
