

Indian Patchouli

Pogostemon heyneanus Benth

Code: TREE-00339 **Category:** Trees **Local / Vernacular name:** Kan: ಕುರಿಹಿಟ್ಟು ಕುರಿಹಿಟ್ಟು ,Tulu: ಕುರಿಹಿಟ್ಟು
ಕುರಿಹಿಟ್ಟು

Botanical Details

• Medicinal Uses:

- Infusion of leaves is used to treat colds, coughs, headaches, and asthma.
- It is used as a gargle for weak and spongy gums, periodontitis and bad breath.
- It acts internally as an aromatic, stomachic, diuretic and carminative with astringent properties.
- The decoction of the root is specifically used for treating dropsy and rheumatism.

Location

GPS: 12.87231800, 74.84500400

Directions: <https://www.google.com/maps/dir/?api=1&travelmode=walking&destination=12.872318%2C74.845004>
