

Longevity Spinach

Gynura procumbens (Lour.) Merr

Code: TREE-00332 **Category:** Plants **Local / Vernacular name:** Eng: Longevity spinach, kan:

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Botanical Details

• **Medicinal Uses:**

- ◦ ■ It is used to treat kidney discomfort and fever, inflammation, rheumatism and viral ailments in South-east Asia.
- It is also used to treat diabetes mellitus, constipation and hypertension.

Location

GPS: 12.87220600, 74.84509400

Directions: <https://www.google.com/maps/dir/?api=1&travelmode=walking&destination=12.872206%2C74.845094>