

Mexican Mint

Coleus amboinicus Lour

Code: TREE-00284 **Category:** Plants **Local / Vernacular name:** Kan:

Botanical Details

• **Medicinal Uses:**

- It is widely utilized in folk medicine to treat conditions like cold, asthma, constipation, headache, cough, fever and skin diseases.
- The leaves of the plant may be eaten raw or used as flavouring agents in the preparation of traditional food.

Location

GPS: 12.87220600, 74.84509400

Directions: <https://www.google.com/maps/dir/?api=1&travelmode=walking&destination=12.872206%2C74.845094>