Turmeric

Curcuma longa L

Code: TREE-00287 **Category:** Plants **Local / Vernacular name:** Kan: □□□□□□ , Tulu: □□□□□

Botanical Details

- **Medicinal Uses:**
  - In Ayurveda, the rhizome is used to prevent skin diseases.
  - It is a useful application on swellings and boils as it is anti-inflammatory and anti-septic.
  - In Unani it is utilized as a expectorant, vasodilator, vulnerary, anti-helminthic, analgesic, anti-inflammatory, blood purifier and detergent.
  - Its most common use is as a condiment and a household remedy for intermittent fevers, flatulence and dyspepsia.

Location

GPS: 12.87252200, 74.84571400

Directions: https://www.google.com/maps/dir/?api=1&travelmode=walking&destination=12.872522%2C74.845714