

Turmeric

Curcuma longa L

Code: TREE-00287 **Category:** Plants **Local / Vernacular name:** Kan: ಕುರಿಕುರಿ , Tulu: ಕುರಿಕುರಿ

Botanical Details

• Medicinal Uses:

- In Ayurveda, the rhizome is used to prevent skin diseases.
- It is a useful application on swellings and boils as it is anti-inflammatory and anti-septic.
- In Unani it is utilized as a expectorant, vasodilator, vulnerary, anti-helminthic, analgesic, anti-inflammatory, blood purifier and detergent.
- Its most common use is as a condiment and a household remedy for intermittent fevers, flatulence and dyspepsia.

Location

GPS: 12.87252200, 74.84571400

Directions: <https://www.google.com/maps/dir/?api=1&travelmode=walking&destination=12.872522%2C74.845714>
